

synchrossage™

Wellness Therapy for Animals
& their Humans



Kathy Veder demonstrating
the effects of **Synchrossage**

The key to deepening the bond
is at your fingertips

synchrossage™

is an easy 10 minute massage method that relaxes, promotes wellness, builds trust and enhances the bond with your pet. You can learn this simple and revolutionary method for easy at-home use.

Your pet provides you with joy, comfort & companionship, lowering your stress with their unconditional love. Why not return the favor? Recent research is proving what pet owners have always known about this centuries-old bond; **what's good for your pet is good for you.™**

*"Let me show you how to bring
the magic of **Synchrossage**
home to your faithful friends."*

- Kathy Veder

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www.horizoninstitute.net

Promoting health, wellness & trust

Synchrossage aids physical & mental health, behavior and temperament by:

- Activating the body's calming mechanism through the parasympathetic nervous system
- Increasing circulation and helping eliminate toxins
- Conditioning coat and skin
- Improving attitude affecting behavior, training & performance
- Gaining trust for behavioral improvements
- Calming nervous or hyperactive animals
- Aiding in early detection of abnormalities.
- Provides a non caloric treat for overweight animals

Synchrossage aids recovery from injuries or chronic conditions by:

- Improving flexibility and muscle tone
- Reducing recovery time from soft tissue injuries
- Providing relief from muscle soreness and discomfort
- Supports atrophied muscles
- Provides loving support for end of life situations or Hospice care

Good for your pet, good for you™

There is more and more research showing the benefits of our connections with animals; and we pet lovers are not a bit surprised! The February 2009 National Institute of Health Newsletter focused on *Exploring the Human-Animal Bond* with studies such as these:

- Seniors who own dogs go to the doctor less than those who do not. In a study of 100 Medicare patients, even the most highly stressed dog owners in the study has 21 percent fewer physician's contacts than non-dog owners. (Siegel, 1990).
- Therapy dog visits help heart and lung function by lowering pressures, diminishing release of harmful hormones and decreasing anxiety with hospitalized heart failure patients. (Cole, 2005)

"This simple process greatly assists the connection and communication between humans and animals. Everyone should learn this amazing method for their own benefit as well as their animals; who doesn't enjoy a relaxing massage?"

Horses quickly surrender to the soft strokes, any tension is released as they chew, yawn and begin to fall asleep. Dogs will be stretched out with a grin on their face wanting more – It really is that easy!"

~ Cath Garden
New Zealand Horse Trainer/Instructor & Author of *Catching Fred*.



About Kathy Veder & Horizon Institute

Kathy's qualifications include a 20 year history in the health and wellness field, multiple certifications and a Bachelor of Science Degree. Her successful practical experience includes being an Animal Welfare Specialist, Consultant, Educator and Corporate Executive. She established Horizon Institute to answer the cry from animal lovers around the world for more dedicated educational support for animals and their humans.

Bring the Synchrossage Method Home

Synchrossage is easy and accessible. With just one 2- hour class, I can show you how any pet owner, adult or child, can build a deeper bond with their pet. Ask me about my Satisfaction Guarantee!

- Personal one-on-one sessions, in-home consultations or group classes available across the country
- Affordable and accessible for pet-care professionals AND pet owners
- Methods are used by Vet Clinics & Humane Societies
- Lectures and demos are also available upon request

**Don't Wait a Dog's Year!
Call or Register Now.**

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Disclaimer: Synchrossage or massage is not a medical diagnostic or treatment tool. It is not a substitute for veterinary or medical care. In all medical cases, contact a veterinarian and seek medical treatment first.

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